



Great ideas of things to do leading up to Harvest

Get the congregation to bring in a vegetable one Sunday and, on your celebration day, join together to make a giant soup out of all the vegetables - charging £1 per mug (this may need some ingredients planning!)

On your celebration day, invite everyone to come to church or school in the colour of a particular vegetable; with children wearing the vegetable headbands that they have made. As you all come together you can 'be a harvest festival', and join in with the play and any other activities that you have planned. Why not invite the local press? It would make a great picture.

Sponsor your vicar, pastor or head teacher to dress up as a fruit or vegetable for the day of your harvest celebration. They will have to wear it all day and give the sermon or assembly wearing the costume! You may want to add the vegetable that the head teacher has dressed up in onto the school dinners menu for the day too.

Hold a safari supper around your parish with various food courses at different locations, people would pay for dishes as they went around. You might even like to use our African recipes, found at: www.sendacow.org.uk/eat-together

Challenge people to guess the weight of a giant pumpkin or marrow and charge people for each guess.

Facebook users can show their support and spread the word by making their profile picture a vegetable for the week of your Harvest activities – or enter our 'funny shaped veg!' Facebook contest by posting a picture and making a comment on our page at: www.facebook.com/sendacow

Go on a Harvest walk around your local green spaces with the children. You could make this a sponsored Harvest walk, linking it to the distances that African farmers have to walk to take their crops to market – often 3 miles or more!

Run a 'Hunt the Vegetable!' afternoon, along the same lines as an Easter Egg hunt. Children could get looking for carrots, onions and potatoes hidden around your grounds.